



SLT Cambodia 2020 | 2nd Place Winner



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On 9th Oct 2020, the founder and CEO of Peth Yoeng Cloud-based Hospital Operating System and Platform, Mrs. Pong Limsan, was selected as the second place winner in the “She Loves Tech”, the world’s largest competition for women and technology in 2020, which were more than 3,500 new participants applied in.

Mrs. Pong Limsan was selected as the 2nd win-

ner on the Virtual Pitch Round among with 7 startup competitors. This Winner nomination was selected based on their innovations and creativities, tractions, scalabilities, market opportunities, growth potentials, the calibers of founder and team, and last but not least the women’s impacts. The final live pitch for the Cambodian National Finals was held on Friday 9th October over interactive platform

Zoom Webinar.

Coorganized with She Loves Tech, She Loves Tech Cambodia is the Kingdom’s edition of the Global Startup Competition Series. This year is extra special as it marks the first appearance of Cambodia in the competition as one of the 30+ international partners across North and South America, Africa, Europe, Asia, and Australia. **(-continue to page 4-)**

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Two Panel Polyclinic and Hospitals Received Training to Operate Digitally

Peth Yoeung team has been working diligently in the previous month in order to provide the best support to our panel Public hospitals and Private hospital, especially the two big public hospitals Kantha Bopha and Med 115 Polyclinic.

Four pediatricians, Kantha Bopha, are located in Cambodia's major city, Phnom Penh. All of these five hospitals provide free treatment with best medical quality.

Kantha Bopha Hospitals take care approximately 85% of sick children in Cambodia. About 80% of serious ill and hospitalized children would not have a chance of survival without these hospitals. Kantha Bopha I and II can be found in Phnom Penh and Jayavarman VII in Siem Reap. Kantha Bopha IV have been opened in Phnom Penh since December, 2005 and was constructed next to Kantha Bopha I. The 5th hospital, the most recent



First training of Peth Yoeung system at Kantha Bopha Phnom Penh by Dr. Denis Laurent and Mr. Bin Socheat and Peth Yoeung team

construction, opened in December 2007 which also locate in Phnom Penh.

Peth Yoeung team start a training course on using the Peth Yoeung's cloud-based hospital management system to nearly 200 doctors and nurses of Kantha Bopha Hospital on 19 October 2020. The training is divided in four groups and will be finished in the mid of November 2020. We are spending a week to

strengthen and implement of using the Peth Yoeung's cloud-based hospital management system for the Kantha Bopha Hospital staff to use proficiently.

Med 115 Polyclinic is a medical center that specialize in Blood Purification and general health consultation and treatment. Med 115 Polyclinic's locations #598 National Road 2, Sangkat Chak Angre Krom, Khan Meanchey, Phnom Penh. This Polyclinic is quite easy to find.

Currently, Med 115 Polyclinic is officially use the Peth Yoeung Cloud-Based Hospital Operating System, after the "Peth Yoeung" team trained and implemented this hospital management system to the hospital staff in October.

"Peth Yoeung" thanks Med 115 Polyclinic for trusting in and supporting Peth Yoeung Cloud-Based Hospital Operating System. We would like to wish the Med 115 Polyclinic to treat the patients successfully and effectively during using our system.



Peth Yoeung standby support for Med 115 Polyclinic

Peareang Referral Hospital Assessment



Mrs. Pong Limsan, Co - founder and CEO of Peth Yoeung, Peth Yoeung team and Doctors and Nurses at Peareang Referral Hospital

In the ending of October, Peth Yoeung team visited Peareang Referral Hospital which is located in Prey Veng province, to learn about the hospital's operation and also provided a presentation on how important of the cloud-based hospital operating system "Peth Yoeung" to doctors and nurses of this hospital.

Peareang Referral Hospital's staff were feeling excited that Peth Yoeung team had brought modern technology to demonstrate them because

this new technology is able to improve the treatments to be more efficient and faster.

The Peareang hospital's manager will consider about the possibility of installing this modern technology into their operation systems.

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Two Hospitals transform to be a cloud-based management user

In the previous month, 2 new hospitals have decided to sign MOU with “Peth Yoeung” in order to install and use our digital cloud-based Hospital management and transform their hospitals to be a digital one which all operations and data are controlling and stored in the cloud.

One of our new cooperators is the provincial-municipal referral hospital which is Phnom Penh Municipal Referral Hospital (known City Maternity Hospital) and the other one is Japan Eye Hospital Cambodia. For your information, Phnom Penh Municipal Referral Hospital is the very first provincial-municipal referral hospital among other cities/provinces hospitals that will adopted this new hospital management system under the decision, Dr. Ngy Meanheng, the head of Phnom Penh Municipal Health Department. You can find this digital municipal referral hospital at building number 137-139, Street number 134,

Sangkat Mitapheap, Khan 7 Makara, Phnom Penh.

We are delighted to cooperate with this hospital and looking forward to support its medical system with no hesitate.

Next, Japan Eye Hospital has been decided to transform to be a cloud based management hospital. Japan Eye Hospital is an eye specialist and consultor with a Japan standard, a modern technology with a long term experiences. You may find this eye expertise at the 8th floor of Central Building, which locates at building number 82A, street 154, Sangkat Pshar Thmey 3, Khan Dun Penh, Phnom Penh. We are pleased to have Japan Eye Hospital to be on board with us and we are ready to support them with a fully support and warming.

Peth Yoeung is a cloud-based management system and platform

that provide digital and convenient management to all level of public and private hospitals with safety storage. Until today, nearly 200 hospitals have signed up to go digital with “Peth Yoeung” to facilitate their medical works and also join a part of paper less users in order to save the environment.



JAPAN EYE HOSPITAL LOCATION in Sangkat Pshar Thmey 3, Phnom Penh

The best diet plan during typhoid diagnosis

Typhoid is a serious health concern with a source coming from a bacteria known as Salmonella Typhi. The common root cause of the fever can be the consumption of contaminated food or water. People with poor immune system are likely to have typhoid and be prone to developing a severe condition. Typhoid's symptoms are fever, exhaustion, headache, stomachache, loss of appetite and skin irritation at times.

Progressive diet is significantly vital for your concern if you are encountering typhoid. Listed are the foods you should take or avoid:

Foods to take:

1. While having high fever, you ought to consume fluid diets such as coconut

juice, electrolytic water, fresh fruit juice and vegetable soup.

2. After two to three days of treatment, you should begin with some fruits such as banana, watermelon, melon, grapes, peach and apricots.

3. When the condition appears to get better, the best foods should be boiled-rice, potatoes, cooked eggs, apples, yogurts, and soup with healthy vegetables.

4. The moment you are fever-free, you can consume foods that are easily digested such as fruits, well-cooked vegetable, rice, white bread, yogurt and eggs. These foods contain rich vitamins and are not as solid as meat.

Foods to avoid:

1. Avoid high fiber foods such as whole grain products, fresh vegetable, and salads. These foods are not favorable for your digestive system.

2. Avoid vegetables like cabbage, capsicum and bell pepper. These vegetables contain great level of gas and they can be a reason of bloating.

3. Avoid consuming oily foods, spices and seasoning including pepper and chilli powder. These types of food can also pose a challenge for your digestive system.

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She Loves Tech Cambodia is organizing in partnership with the Ministry of Posts and Telecommunications, Ministry of Economy and Finance, Khmer Enterprise and Global Shapers Phnom Penh Hub.

Peth Yoeung is a specialized Cloud-based Hospital Operating System and Platform which was created by First Womentech Asia to support public and private hospitals' managements and leaders, and the new generation private hospitals to improve the health services in high

quality, effective, and highly trusted from Cambodians. We are not only supporting the operation system of hospitals but we also join the environment activities by reducing paper usage, paperless printing, and other materials in the hospitals. All of the patients' history data will be stored in the cloud and integrate into e-Health Yoeung App so that patients can see their treatment histories, make appointments with doctors and receive many health tips.

Peareang Referral Hospital Assessment



Mrs. Pong Limsan, Co-founder and CEO of Peth Yoeung, presented to Doctors and Nurses at Peareang Referral Hospital on Peth Yoeung System

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Peth Yoeung is trying to provide the information that related to the benefits of using digital data management systems to both public and private hospitals because this new technology is able to maintain all of the data in well-kept and last long.

Peth Yoeung is hopefully that we will have any chances to cooperate with Peareang hospital's manager to turn this hospital's management system into the digital one for the convenience of Cambodians.

Lifestyles : Typhoid Fever Prevention Tips for Travelers

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There are some vital tips you should know about preventing typhoid fever since people from various parts of the world such as East Asia and Southeast Asia, Africa, Central and South America have encountered such concerning condition. The fever is an interpersonal infection occurring through direct interaction, and unhygienic food or water. If you are to travel to a place where you are likely to be infected, there are two preventive instructions you should follow.



1. Vaccination: talk to a doctor and take vaccines 2 weeks before travelling.



2. Consume hygienic water and food: vaccine cannot fully guarantee your safety from typhoid fever; thus, you need to follow the following guideline:



• Drink a lot of carbonated water and boiled water



• Avoid uncooked vegetable and unpeeled fruits



• Try not to drink cold water or iced beverages



• Wash your hands before your meals



• Eat hot and well-cooked foods



• Avoid street foods and beverages unless they are well cooked

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