



# HEALTH & TECH

## This Month Newsletter

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**បណ្តាញមន្ទីរពេទ្យតែឆ្លាតវៃ**  
**Smart Green Hospital Network**

**គាំទ្រដោយ:**



The Smart Green Hospital Network is running by Peth Yoeung Program and support by the U.S. Department of State

### Peth Yoeung Calls For Hospitals and Clinics to Join Its Smart Green Hospital Network

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Peth Yoeung of First Womentech Asia (FWTA) publicly announced and called out to medical clinics and hospitals resided in the capital, Siem Reap and Battambang provinces for register as part of Peth Yoeung’s Smart Green Hospital Network project in Cambodia funded by the US Department of States.

Peth Yoeung by First Womentech Asia is a

cloud based hospital management system created to advance the healthcare system of healthcare professionals in the kingdom and to improve the pathway to the healthcare.

FWTA co-founder and CEO, Mrs. Limsan Pong expressed that the program solely aims to create a network of hospitals to modernize medical institutions and maintain green cities in

Cambodia. “As a tech solution firm, we want to see all panel clinics and hospitals provide digital health services to their consumers, not only to secure their patient’s important data on our latest secured digital platform, but also so we can promote green and clean city solutions,” she said.

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## New Panel Clinics Sign Up to Go Digital and Green Hospitals

In December, the season of Christmas vibe and countdown to New Year's Eve, «Peth Yoeung» also enjoyed a fertile month of welcoming new panel clinics in Phnom Penh before entering 2021. We are privileged to welcome five new panels such as Sokha Leap Clinic, Sokha Toul Sangke Clinic and Maternity and Clinic SP as our new panels and to provide them digital solutions for their hospital management, keeping patient record, saving cost and going green through «Peth Yoeung» system, a cloud-based hospital operation system in Cambodia.



Sokha Leap Clinic locates Mean Chey District, Phnom Penh

Sokha Leap Clinic locates in Chey District, Phnom Penh building 154, St. 271, Sangkat <https://www.facebook.com/sokhaleapclinic>. It is the first

hospital in December to register our system, Peth Yoeung, to digitalize their hospital management, medical services and reduce paper printing. Sokha Leap specializes in treatment to kidney stone problems, prostate scratching, penile cancer, kidney cancer and gallbladder surgery.

Sokha Toul Sangke Clinic and Maternity is another Phnom Penh-based clinic to join «Peth Yoeung» in increasing the digital health care services and network in Cambodia.

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## Panel Clinics and Hospitals to Get Training Workshops to Go Digital

Despite the complex adaptability to the 'New Normal' and insecure health condition that Cambodian society has been going through, Peth Yoeung remains persistently optimistic in providing anticipated quality of healthcare system in Cambodia. Before making our way into 2021, Peth Yoeung has enjoyed a productive month in December when we provided user and refresher training workshops of our system Peth Youeng, cloud-based hospital operation system, to our newly and already-registered panel clinics and hospitals.

After having enlisted more than 1000 users of its own medical doctors, nurses, lab technicians, imaging doctors, pharmacists, health professionals and hospital administration staff to get use training workshops



Peth Yoeung Team has begun to provide technical help to a medical staff of Kantha Bopha II Hospital during the first stage of operating Peth Yoeung system

from Peth Yoeung last month, Kantha Bopha Phnom Penh received another series of standby support and direct technical assistance from Peth Yoeung business support and training teams. The workshops were to provide OPD operation support from December 02 – 09 2020 and IPD operation support respectively from 14 December to January 05 2021.

Peth Yoeung would like to congrats Kantha Bopha Phnom Penh for going fully digital in serving medical treatment, medical consultation and hospital management.

Peth Yoeung is an advanced cloud-based hospital operation system and a healthcare marketplace aiming to modernize and raise the

standard of healthcare network in Cambodia. We have a passionate team in providing supports to our panel clinics and hospitals and in December we have conducted two user refresher training workshops in the capital and provinces including for Him Kean Clinic and Bight Sight Eye Clinic.



Peth Yoeung team provided training on using cloud-based hospital operation system

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## Peth Yoeung Remarkable Highlights



Mrs. Pong Limsan, was invited as a guest speaker in an interview at Business Cambodia

Founder and CEO of «Peth Yoeung», Mrs. Pong Limsan, was invited as a guest speaker in an interview at Business Cambodia in December 2020 focusing on the topic of women empowerment, technological advancement and her personal vision and experience in developing «Peth Yoeung» program, a cloud-based hospital operation system, which is capable of modernizing health care

system and hospital management in the Kingdom of Cambodia through digitalization.

Mrs. Pong Limsan, invited to an interview with Business Cambodia, provided her sight in tightening gender gap and empowering women in the context of technological innovation.

Based on her experience as an outstanding graduate in Information Technology in 1998 to 1999, she believes that woman is a highly capable gender in this field of knowledge and being innovative and contributive for the society.

With this passionate concept, degree and 20 years of experience in IT, Mrs. Limsan founded a digital operating system, Peth Yoeung, to provide digital solutions to healthcare system in Cambodia.

«Peth Yoeung» provides digital services for panels to better manage their hospital and medical equipment, and to reduce expenditure on printing. With online assistance, patient can make appointments with doctors and keep their patient record on their smart devices conveniently.

Having been recognized by the Ministry of Health of Cambodia, the U.S. Embassy of Cambodia, NGOs, and private and public clinics and hospitals, «Peth Yoeung» aims to improve the quality of healthcare and encourage more digital development in Cambodia.

We not only serve our system but also assistance workshops to our panels to keep the system operation efficient and maintain firm trust on «Peth Yoeung».

## Health Advantages of Jackfruit

Jackfruit is very popular and can be found almost everywhere in Cambodia. A great number of people have experienced the amazing taste it has but not many know the health benefits of jackfruit. Below are the health benefits you can find in jackfruit:

### 1. Nutrients

Nutrients 165 grams of jackfruit contains 2.6 grams of fibers capable of securing heart condition, blood pressure, and waste clogging.

### 2. Vitamin C

Vitamin C can fight flu infection and free radicals that will weaken your immune system.

### 3. Potassium

Potassium is good for your heart condition

### 4. Vitamin B6

Vitamin B6 is the best nutrient in preventing anemia. It functions in building immune system, heart health, stroke prevention and more.

### 5. Vitamin A

Vitamin A helps cure dry eyes and various other eye health benefits and improve vision

### 6. Lutein

Lutein can prevent cataracts and weakening of eye health.

### Peth Yoeung and Smart Green Hospital Network calling for Your Application

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She continued “additional techniques and refresher workshops to strengthen their staff capacity, and certification as members of the Smart Green Hospital Network”. Officer Lauren Higgins embraced Peth Yoeung innovative project in empowering women in the technological and health sector.

She commented “We are

very proud to partner with First Womentech Asia’s Peth Yoeung programme through this financial assistance”.

Mr. Bin Soheat, business advisor, added that “Peth Yoeung launched in 2015 with the goal to help hospitals become digital”

Additionally, he hopes to see hospitals using less printed paper so that hospitals and clinics are welcome to apply and contact us for further information.



Mrs. Pong Limsan in the MyTV Study program

### New Panel Clinics Sign Up to Go Digital and Green Hospitals

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It is located in N049G, St. 62, Sangkat Toul Sangke, Reussey Keo District, Phnom Penh <https://www.facebook.com/sokhatskclinic>. Sokha Toul Sangke Clinic and Maternity has specialties in maternity, imagery, general diseases, surgery and genecology.



Clinic SP Consulting and providing gynecological services

Our third new clinic to turn digital and contribute to green city is Clinic SP which is located in Grand Chroy Changva Street, Phnom Penh, Cambodia <https://www.facebook.com/spclinicofficial/>

Le Premier Healthcare is set to digitalize their clinic with Peth Yoeung. It is located in building 125C, St. 139, Sangkat

Mittapheap, 7 Makara District, Phnom Penh. <https://www.facebook.com/le1hcps>. The clinic specializes in osteopathy, physiotherapy, tecatherapy, and chiropractic with professional medical doctors and high-end technology in providing treatment for various joint and bone pains and discomfort.

NP Clinic has signed a partnership agreement with «Peth Yoeung» to transform itself to a digital hospital management user with «Peth Yoeung» system. The clinic is located in building 706, St. 1986, Sen Sok District, Phnom Penh.

NP Clinic specifically offers treatment and healthcare for your skin problems through professional consultation and medical services.

Thong Sok Hean Clinic has partnered with «Peth Yoeung» to soon operate their hospital management digitally with our service provision. It is located in

building 63BE0 St. 109 Sangkat Veal Vong, 7 Makara District, Phnom Penh. <https://www.facebook.com/ProfDr-Thong-Sok-Hean-310730955637206/> Thong Sok Hean Clinic offers medical specialties in urology, general disease treatment, joint issues, diabetes, hypertension, gynecology, endocrine goiter surgery, and hemorrhoids.



Chhour Y Seng Clinic provides medical care and treatment for pediatric and maternal needs Chhour Y Seng Clinic is to turn its hospital management into a cloud-based hospital management system with «Peth Yoeung». It is located in building #49, St. 193 corner 366, Sangkat Toul Svay Prey 1, Khan Boeung Keng Kang, Phnom Penh. <https://www.facebook.com/chhourysengclinic>

[com/chhourysengclinic](https://www.facebook.com/chhourysengclinic) Chhour Y Seng covers specialties in pediatric and maternity medical care and treatment with highly professional medical staff and reasonable price.



Rithy Rath Pharmacy is located in Bor Cham Village, Khum Chom Bork, Srok Bati, Takeo

Rithy Rath Pharmacy will also soon transform itself into a digitally-managed hospital service through «Peth Yoeung» system by initially becoming our member. Rithy Rath Pharmacy can be found at Bor Cham Village, Khum Chom Bork, Srok Bati, Takeo.

# Panel Clinics and Hospitals to Get Training Workshops to Go Digital



Peth Yoeung team provided training on using cloud-based hospital operation system

Hardworking and productive, our teams also directly operated first user training workshops at Health Care Clinic and Maternity and Champey Clinic and Maternity.

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Him Kean Clinic locates in Prek Sandek Village, Khum Prek Chong Kran, Si Thor Kandal District, Prey Veng province next to ACLEDA Bank Plc.

Bright Sight Eye Clinic locates in in 2176 E1E0, Street 72, Sangkat Srah Chak, Khan Doun Penh, Phnom Penh [shorturl.at/agwK9](http://shorturl.at/agwK9)



Him Kean Clinic General Pediatric and Gynecology Clinic



Health Care Clinic and Maternity locates in No.1A, Street 371, Group 7, Phum Reussey, Sangkat Steung Meanchey, Khan Meanchey, Phnom Penh, Cambodia [shorturl.at/drMWX](http://shorturl.at/drMWX)

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## Health Benefits of Cycling

Prevent and manage diseases

Cardiovascular fitness

Decrease stress levels

Decrease body fat levels

Improve muscle strength and flexibility

Strengthen bones